

Abstract

Objective: This study aimed to investigate the extent of eating problems and their association with perfectionism in girls aged 13-22. **Method:** Nine hundred and sixty-eight high school girls, with a mean age of 16.29, completed a questionnaire examining the relationship of eating behavior and perfectionism. **Results:** The effect of drive for thinness and perceived weight discrepancy were combined with perfectionism and the relationships between them were drawn. The questionnaire findings revealed that perfectionism had significant effect on disordered eating behaviors. **Discussion:** If high drive for thinness or intention to lose weight occurred together with high perfectionism, the effect on disordered eating behaviors was even more significant.